



## Use of Appropriate Medications for People With Asthma

First Coast Advantage (FCA) would like to make you aware of the national standards for the “Use of Appropriate Medications for People with Asthma” performance measure. AHCA requires FCA to report data on 31 HEDIS and Agency Defined performance measures. HEDIS is an acronym for Healthcare Effectiveness and Data Information Sets. HEDIS performance measures were developed by the National Committee for Quality Assurance (NCQA) and are the most widely used set of health care performance measures in the United States.

In accordance with the HEDIS specifications, members ages 5-50 who are identified as having persistent asthma should be prescribed appropriate medication for asthma. Please see the list of preferred asthma therapy medications. Members diagnosed with Emphysema, COPD, Cystic Fibrosis, or Acute Respiratory Failure are excluded from the measure.

AHCA requires that all Florida managed Medicaid plans achieve a minimum of the 50th percentile for all HEDIS measures. Because FCA currently ranks at the 25<sup>th</sup> percentile on a national basis for this measure, FCA has implemented a corrective action plan that it submitted to AHCA. To achieve the 50<sup>th</sup> percentile for this HEDIS measure, the percentage of members with asthma treated with appropriate medications must increase from the present rate of 86.3% to 88.7% (the national 50<sup>th</sup> percentile).

FCA would like to encourage providers to utilize the list of medications below when appropriate in the member’s treatment.

Thank you for helping First Coast Advantage to provide quality care to our members.

### Descriptions

### Prescriptions

Antiasthmatic combinations	<ul style="list-style-type: none"> <li>• Dyphylline-guaifenesin</li> <li>• Guaifenesin-theophylline</li> <li>• Potassium iodide-theophylline</li> </ul>
Antibody inhibitor	<ul style="list-style-type: none"> <li>• Omalizumab</li> </ul>
Inhaled steroid combinations	<ul style="list-style-type: none"> <li>• Budesonide-formoterol</li> <li>• Fluticasone-salmeterol</li> </ul>
Inhaled corticosteroids	<ul style="list-style-type: none"> <li>• Beclomethasone</li> <li>• Budesonide</li> <li>• Flunisolide</li> <li>• Fluticasone CFC free</li> <li>• Mometasone</li> <li>• Triamcinolone</li> </ul>
Leukotriene modifiers	<ul style="list-style-type: none"> <li>• Montelukast</li> <li>• Zafirlukast</li> <li>• Zileuton</li> </ul>
Mast cell stabilizers	<ul style="list-style-type: none"> <li>• Cromolyn</li> <li>• Nedocromil</li> </ul>
Methylxanthines	<ul style="list-style-type: none"> <li>• Aminophylline</li> <li>• Dyphylline</li> <li>• Oxtriphylline</li> <li>• Theophylline</li> </ul>