



Controlling High Blood Pressure (CBP)

AHCA requires FCA to report data on 31 HEDIS and Agency Defined performance measures. HEDIS is an acronym for Healthcare Effectiveness and Data Information Sets. HEDIS performance measures were developed by the National Committee for Quality Assurance (NCQA) and are the most widely used set of health care performance measures in the United States.

First Coast Advantage (FCA) would like to make you aware of the national standards for the “Controlling High Blood Pressure” performance measure.

The HEDIS measure for Controlling High Blood Pressure (CBP) is based upon the percentage of members who are 18-85 years of age who were diagnosed with hypertension (HTN) and had their BP adequately under control (defined as <140/90) during the measurement year. According to HEDIS guidelines, the representative BP is taken from the most recent clinical reading during the measurement year.

AHCA requires that all Florida managed Medicaid plans achieve a minimum of the 50th percentile for all HEDIS measures. Because FCA currently ranks at the 25th percentile on a national basis for this measure, FCA has implemented a corrective action plan that was submitted to AHCA. To achieve the 50th percentile for this HEDIS measure, the percentage of members whose blood pressure is adequately controlled must increase from the present rate of 50.33% to 55.4% (the 50th percentile nationally).

An FCA member can also enroll in the FCA Disease Management Program for hypertension. If a member enrolls in the program, the member is entitled to a \$25.00 healthy behavior credit, as part of AHCA’s Enhanced Benefits Program. [This benefit can be earned as often as once a month.] If the member has further questions about FCA’s Disease Management Program, he or she can call 244-9264.

Thank you for helping First Coast Advantage to provide quality care to our members.